

Kinesiology, B.S. - General Subplan/Option: 120 units
2019-2020 Academic Year

	Fall		Units	Spring		Units	Comments
	Courses	Requirements/Comments		Courses	Requirements/Comments		
Year 1	KIN 2020 Introduction to Kinesiology and Health Promotion		3	BIO 2350 Human Physiology	Prereq: BIO 123/BIO 123L, BIO 1220/BIO 1220L, BIO 122/BIO 122L/BIO 1220C, BIO 115/BIO 115L/BIO 115A or BIO 1150/BIO 1150L. Coreq: BIO 2350L.	3	
	KIN 2050 Applied Health & Well-Being		3	BIO 2350L Human Physiology Laboratory	Prereq: BIO 123/BIO 123L, BIO 1220/BIO 1220L, BIO 122/BIO 122L/BIO 1220C, BIO 115/BIO 115L/BIO 115A or BIO 1150/BIO 1150L. Coreq: BIO 2350.	1	
	GE Area A2: Written Communication		3	KIN 2200 Pedagogical Principles of Kinesiology and Health Promotion		3	
	BIO 1150 Basic Biology (B2)	Coreq: BIO 1150L.	3	KIN 2290 Contemporary Issues in Kinesiology and Health Promotion		3	
	BIO 1150L Basic Biology Laboratory (B3)	Coreq: BIO 1150.	1	GE Area A1: Oral Communication		3	
			0	STA 1200 Statistics with Applications (B4)	Prereq: SAT, ELM, ALEKS, ACT, IRW, GE Area B4; C or better in MAT 106, MAT 1060, MAT 125, MAT 1250, MAT 191, MAT 1910, MAT 105, MAT 1050, or STA 1300; or C- or better in MAT 1051.	3	
	Total Units			13	Total Units		16

Year 2	Fall		Units	Spring		Units	Comments
	Courses	Requirements/Comments		Courses	Requirements/Comments		
	BIO 2340 Human Anatomy	Prereq: BIO 123/BIO 123L, BIO 1220/BIO 1220L, BIO 122/BIO 122L/BIO 1220C, BIO 115/BIO 115L/BIO 115A or BIO 1150/BIO 1150L. Coreq: BIO 2340L.	2	KIN 3030 Physiology of Exercise	Prereq: BIO 235 and BIO 235L or BIO 2350 and BIO 2350L. Coreq: KIN 3030L.	3	
BIO 2340L Human Anatomy Laboratory	Prereq: BIO 123/BIO 123L, BIO 1220/BIO 1220L, BIO 122/BIO 122L/BIO 1220C, BIO 115/BIO 115L/BIO 115A or BIO 1150/BIO 1150L. Coreq: BIO 2340.	2	KIN 3030L Physiology of Exercise Laboratory	Prereq: BIO 235 and BIO 235L or BIO 2350 and BIO 2350L. Coreq: KIN 3030.	1		
PHY 1210 Physics of Motion, Fluids, and Heat (B1)	Prereq: C- or better in MAT 106, MAT 1060, MAT 112, MAT 114, MAT 1140, MAT 1140C, MAT 115, MAT 116 or MAT 1150. Coreq: PHY 1210L.	3	Option Electives	Select from Curriculum Sheet	3		
PHY 1210L Physics of Motion, Fluids, and Heat Laboratory (B3)	Coreq: PHY 1210.	1	GE Area C1: Visual and Performing Arts		3		
Option Electives	Select from Curriculum Sheet	4	GE Area E: Lifelong Learning and Self-Development		3		
GE Area A3: Critical Thinking		3	Option Electives	Select from Curriculum Sheet	3		
Semester Total Units			15	Semester Total Units		16	

	Fall		Units	Spring		Units	Comments
	Courses	Requirements/Comments		Courses	Requirements/Comments		
Year 3	KIN 3040 Introduction to Biomechanics	Prereq: ZOO 234 or BIO 2340; ZOO 234L or BIO 2340L; STA 120 or STA 1200; PHY 121, PHY 1210, PHY 102 or PHY 1020; PHY 121L, PHY 1210L, PHY 102 or PHY 1020. Coreq: KIN 3040L.	3	KIN 3620 Motor Behavior	Prereq: KIN 303 or KIN 3030 and KIN 303L or KIN 3030L. Coreq: KIN 3620A.	3	<i>Graduation Writing Test must be taken before completion of 75 units.</i>
	KIN 3040L Introduction to Biomechanics Laboratory	Prereq: ZOO 234 or BIO 2340; ZOO 234L or BIO 2340L; STA 120 or STA 1200; PHY 121, PHY 1210, PHY 102, or PHY 1020; and PHY 121L, PHY 1210L, PHY 102, or PHY 1020. Coreq: KIN 3040.	1	KIN 3620A Motor Behavior Activity	Prereq: KIN 303 or KIN 3030 and KIN 303L or KIN 3030L. Coreq: KIN 3620.	1	
	Option Electives	Select from Curriculum Sheet	3	KIN 3650 Dimensions of the Aging Process		3	
	GE Area C2: Literature, Modern Languages, Philosophy and Civilization		3	GE Area C1 or GE Area C2	Select either C1: Visual and Performing Arts or C2: Literature, Modern Languages, Philosophy and Civilization course	3	
	GE Area D1: U.S. History American Ideals		3	GE Area D2: U.S. Constitution and California Government		3	
	KIN 3510 Philosophical and Ethical Issues		3			0	
	<i>Take the Graduation Writing Test</i>						
Semester Total Units		16	Semester Total Units		13		

	Fall		Units	Spring		Units	Comments
	Courses	Requirements/Comments		Courses	Requirements/Comments		
Year 4	Unrestricted Elective		4	Option Electives	Select from Curriculum Sheet	3	
	Option Electives	Select from Curriculum Sheet	3	Option Electives	Select from Curriculum Sheet	3	
	Option Electives	Select from Curriculum Sheet	3	Option Electives	Select from Curriculum Sheet	3	
	GE Area D3: Social Sciences: Principles, Methodologies, Value Systems, and Ethics		3	GE Area D4: Social Science Synthesis		3	
	GE Area C3: Arts and Humanities Synthesis		3	GE Area B5: Science and Technology Synthesis		3	
	<i>File an application to graduate</i>						
	Semester Total Units		16	Semester Total Units		15	
Total Units					120		